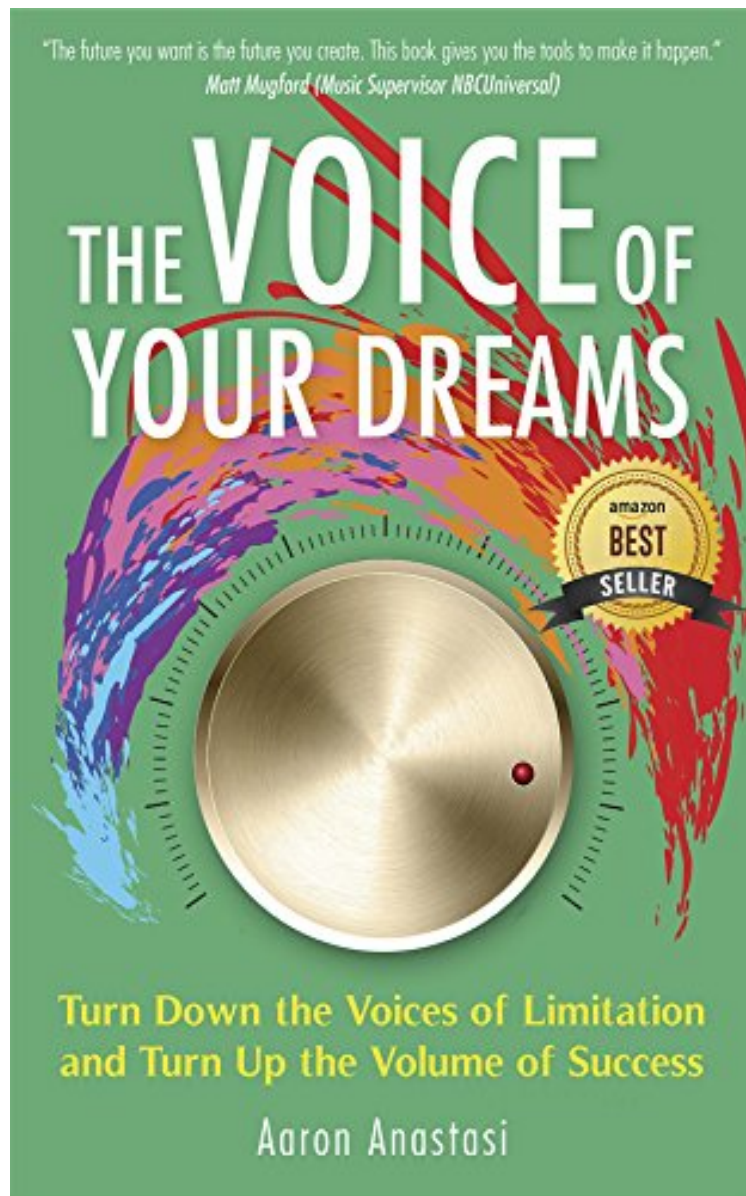


(Free and download) The Voice of Your Dreams: Turn Down the Voices of Limitation and Turn Up the Volume of Success

The Voice of Your Dreams: Turn Down the Voices of Limitation and Turn Up the Volume of Success

Aaron Anastasi

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Aaron Anastasi : The Voice of Your Dreams: Turn Down the Voices of Limitation and Turn Up the Volume of Success before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Voice of Your Dreams: Turn Down the Voices of Limitation and Turn Up the Volume of Success:

0 of 0 people found the following review helpful. The most impactful mindset book I've ever read
By Samantha Alvarez
I thoroughly enjoyed reading this book, and appreciate how vulnerable Aaron has allowed himself to be in writing it. I've read a dozen or more similar books focusing on mindset, and usually i breeze through without learning much new. This one, however, got into my psyche in a way that no other mindset book ever has, and is hitting me where it counts. Aaron wrote this from his heart, and it shows. My only criticism is that the book feels unpolished and raw at times, particularly at the end of chapters where he tosses in activities to do almost as an afterthought. DON'T LET THESE PASS YOU BY. He chooses easy, quick, actionable activities that were life-altering for me, especially the one about re-visioning your childhood. Frankly, though, where I might ignore a highly-polished and perfectly-presented activity recommendation from T Harv Ecker or Hal Elrod, or not take it as seriously, Aaron Anastazi's activities hit me right behind the eyes and I have no choice but to take action. When I came to the "it's never too late to have a happy childhood" activity, for example, I literally felt instantly angry and resentful, even though I was lying comfortably in my bed while reading on my Kindle. But you know what? I elbowed myself out of bed and walked straight over to my desk to do the activity to prove him wrong. But of course he wasn't wrong. And I am a better person for it. Thanks, Aaron.
1 of 1 people found the following review helpful. Invest in yourself!!
By Shawna Wood
I had bought the Superior Singing Method from Aaron and decided to try this book out. I LOVED it!!! He is gently coaching me into my greatness. I have listened to the negative voices in my head for far too long. Aaron helped me to see the limitations that I have believed about myself because I haven't had someone to coach me. If you need a coach and can not afford one, this book would be a great investment into yourself. You are worth it!!! You have it in you to be everything you were created to be!!! Just do it!!! I'm certainly glad that I did.
1 of 1 people found the following review helpful. honest and empowering
By NourishedPath
The Voice of Your Dreams offers a complete mindset shift to reset patterns of stuckness. Aaron Anastazi bravely shares his own struggles - even now - which is a refreshing and realistic, relatable view into our own possible struggles. I much prefer this level of realness than the often perfectionist guru persona offered in other personal development books.

In a how-to saturated culture, we often know the path to the things we want in life. If we would just stay on that path, then success (vocationally, relationally, and financially) is a likely byproduct... right?!
The problem comes when we allow our limiting voices, our negative self-talk, to continually derail us from that path.
The more insidious part is that we usually don't even realize we're being guided by these internal voices, because we've become so accustomed to living with them. We instead begin to believe that their whisperings are simply the truth about life. This book will show you how to silence limiting voices--that may be impeding your progress--and help you to live into the greatest version of you.
The voice of your dreams is calling to you, but it can be difficult to hear--and follow--when the voices of limitation are shouting so much louder. It's time to heed the call.

"This book is packed full of insights and encouragements to guide you on a steady path to achieve a bigger and more fearless life!"--Nathan Chapman (Two-time Grammy Award winning record producer: Taylor Swift, Shania Twain, Lady Antebellum)
"Wise, witty and wonderful! A life transforming book with humor up its sleeve."--Robert Allen Ackerman (Three-time Emmy nominated Director)
"For all the dreamers out there (which should be all of us), this book is an amazingly detailed, step by step guide to turning those dreams into reality. Not only can this book lead to a bigger bolder life, but a more healthy and whole one as well."--Cress Williams (Series Regular Actor: CW's Hart of Dixie, FOX's Prison Break)
"Traditionally in 'Someday' for now. The Voice of Your Dreams will show you the way."--Dane Sanders (Author of Fast Track Photography)
"A must read! This book calls me to question my doubts and my fears, to silence the negative thoughts that would make me less."--Josiah Hawley (Top 10 Finalist on NBC's The Voice)
"This book left a deep and lasting impression on me. While the concepts were profound, the delivery was relatable and easy to understand. I'll be referencing this book over and over."--Kelly Johnson (Celebrity Wardrobe Stylist: Jennifer Lopez, Nazanin Boniadi)

"The future you want is the future you create. This book gives you the tools to make it happen." -Matt Mugford (Music Supervisor NBCUniversal)
"Wise, witty and wonderful! A life-transforming book with humor up its sleeve." -Robert Allen Ackerman (Three-time Emmy nominated Director)
"For all the dreamers out there (which should be all of us), this book is an amazingly detailed, step by step guide to turning those dreams into reality. Not only can this book lead to a bigger bolder life, but a more healthy and whole one as well." -Cress Williams (Series Regular Actor: CW's Hart of Dixie, FOX's Prison Break, NBC's Friday Night Lights)
"This book is packed full of insights and encouragements to guide you on a steady path to achieve a bigger and more fearless life!" -Nathan Chapman (Two-time Grammy Award winning record producer: Taylor Swift, Shania Twain, Lady Antebellum)
"An insightful yet immediately practical book on living out your dreams." -David Magidoff (Host of MTV's Broke A\$\$ Game Show)
"A must-read! This book calls me to question my doubts and my fears, to silence the negative thoughts that would make me less." - Josiah Hawley (Top 10 Finalist on NBC's The Voice)
"This book is a must-read for singers or anyone wanting to pursue a dream!" -James David (Featured vocalist on Fox's Glee series)
"I LOVE The Voice of your dreams! It is both practical, yet Bold, easy to follow, and hard to put down. Relatable and honest, it inspires ACTIONS that you can take

today. -James Kyson (Actor: NBC's Heroes, FX's Justified, CBS' Hawaii Five-0, Despicable Me) "Trade-in 'Someday' for now. The Voice of Your Dreams will show you the path!" -Dane Sanders (Author of Fast Track Photography) "This book left a deep and lasting impression on me. While the concepts were profound, the delivery was relatable and easy to understand. I will definitely be referencing this book over and over." -Kelly Johnson (Celebrity Wardrobe Stylist: Jennifer Lopez, Nazanin Boniadi) "The Voice of Your Dreams is a comprehensive look at the voices we choose to follow/listen to as humans. This book offers practical and inspiring life applications on how to become who we need to be in order to get the results we want in life. It introduces the concept of 'New Dreamers' and gave me real world examples on how to live a fuller, freer life as a New Dreamer." -Greg Ullery (Style Director at Lucky Brand) "In The Voice of Your Dreams, Aaron demystifies what it means to turn your dreams into reality. He helps us to see that what we believe about ourselves is the key to unlocking the mystery of 'making it'." -Wayne Miller (Music Director: Mike Posner, Christina Perri, Olivia Somerlyn) The Voice of Your Dreams provides a useful and thought-provoking guide empowering you to reflect on your best and purpose-filled life. Each chapter will challenge you to find meaning in your daily choices while coaching you to discover and strive for your aspirations without limitations. You will be inspired to give yourself permission to become a New Dreamer and to live out your unique dreams today. -Dr. Shannon M. Taylor (Administrator and Professor, Loyola Marymount University) "Getting this book is an important first step towards crafting a better inner voice and boldly stepping into your future with confidence. Aaron truly cares about your narrative and helps you change a seemingly overwhelming life to obtainable moments that lead to health and success." -Joby Harris (Designer and Visual strategist, JPL /NASA) About the Author Aaron Anastasi is the founder and coach of the internationally recognized, Superior Singing Method, an online singing lesson program that grosses 7-figures annually. With over 10,000,000 views and 100,000 subscribers, Aaron has the #1 singing/life lesson channel on YouTube. He is also a prominent life coach for clients in industry-leading roles ranging from film directors to marine biologists to TEDx speakers.