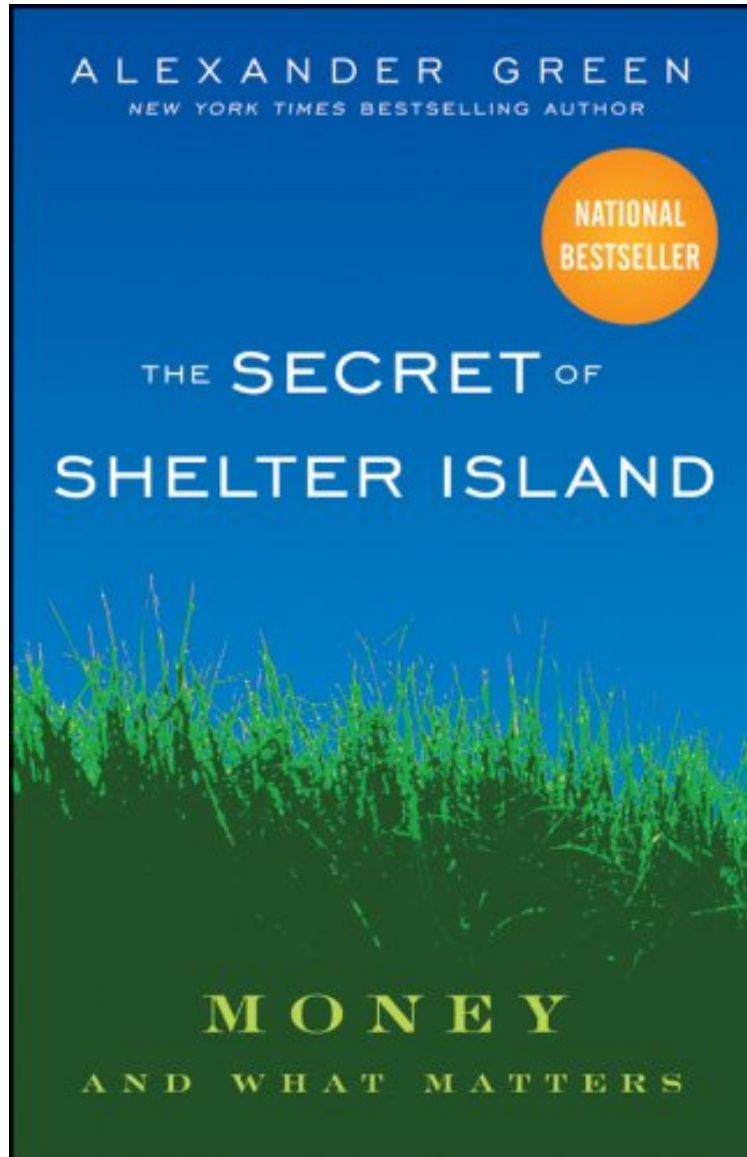


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## The Secret of Shelter Island: Money and What Matters

*Alexander Green*

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How to lead a "rich" life during trying economic times  
In *The Secret of Shelter Island*, nationally renowned financial analyst and bestselling author Alexander Green explores the complicated relationship we all have with money and reveals the road map to a rich life. Drawing on some of today's best minds and many of history's greatest thinkers, *The Secret of Shelter Island* is both a much-needed source of inspiration and an insightful look at the role of both money and values in the pursuit of the good life. Addresses what really matters when it comes to money and how to make smarter decisions with what you have  
Describes the profound connection between money, character, personal philosophy, and outlook  
Other bestselling titles by Green: *The Gone Fishin' Portfolio*  
If you want to understand what ultimately provides meaning, contentment, and the satisfaction of a life well-lived, then read *The Secret of Shelter Island*.

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Most of us devote a substantial percentage of our waking hours to making, spending, and having more. This desire to accumulate is natural. But when a bigger bank balance—or the things it can buy—becomes our animating purpose, disappointment generally follows. In *The Secret of Shelter Island*, nationally renowned investment analyst and bestselling author Alexander Green explores the complicated relationship we all have with money and reveals the road map to a rich life. The timing could hardly be better. After more than twenty-five years of virtually uninterrupted prosperity, the U.S. economy has hit a rough patch. Yet to the extent that downturns like the current one shake up the status quo and force us to reexamine our goals and priorities, they also offer enormous opportunities. *The Secret of Shelter Island* provides an ideal starting point. Drawing on some of today's best minds and many of history's greatest thinkers, it is both a much-needed source of inspiration and an insightful look at the role of both money and values in the pursuit of the good life. The book is arranged around four central themes. In Part I, "A Rich Mind," Green explores such key questions as: How important is money in your life? What is it giving you? What is it costing you? In Part II, "What Matters Most," he discusses how to calculate your real net worth—without using a financial statement. In Part III, "Attitudes and Gratitude," he offers powerful insights based on a deceptively simple philosophy of life. In the final section of the book, "The Search for Meaning," he delivers a refreshing take on the universal principles that guide us all—or should. *The Secret of Shelter Island* is full of practical wisdom. More than just a personal philosophy, it is a profound and utterly modern commentary on timeless values, the search for meaning, and what it means to be truly wealthy.  
From the Back Cover  
Praise for *The Secret of Shelter Island*  
"Times like these cause us all to reexamine what really matters in our lives. *The Secret of Shelter Island* provides fresh perspectives, deeply felt insights, and compelling ideas about how to lead a richer life. And the writing is shockingly good."  
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"There are spiritual issues that adults have to think about. Alex Green recognizes that, and writes about them beautifully. I like these essays a lot."  
—Charles Murray, bestselling author of *The Bell Curve*, *Human Accomplishment*, and *Real Education*  
"In *The Secret of Shelter Island*, Alex Green shows one how to engage the material world without losing one's spirituality, meaning, and larger purpose. With an economy of words and poignancy of thought, Green cuts straight to the heart of what really matters in life."  
—Michael Shermer, monthly columnist for *Scientific American*, and author of *The Mind of the Market*, *The Science of Good and Evil*, and *How We Believe*  
"The Secret of Shelter Island is exceptional—indeed brilliant!"  
—Edgar F. Puryear, author of *Nineteen Stars: A Study in Military Character and Leadership*  
About the Author  
Alexander Green is the Investment Director of The Oxford Club, Chairman of Investment U, Editor of *Spiritual Wealth*, and the author of the New York Times bestseller *The Gone Fishin' Portfolio: Get Wise, Get Wealthy...and Get On With Your Life* (Wiley). He has been featured on Oprah Friends, CNBC, Fox News, and The O'Reilly Factor, and has been profiled in the Wall Street Journal, *BusinessWeek*, *Forbes*, *Kiplinger's Personal Finance*, and many other publications. He currently lives near Charlottesville, Virginia, with his wife Karen, and their children Hannah and David.