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The School of Greatness: A Real-World Guide to Living Bigger, Loving Deeper, and Leaving a Legacy

Lewis Howes

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Lewis Howes : The School of Greatness: A Real-World Guide to Living Bigger, Loving Deeper, and Leaving a Legacy before purchasing it in order to gage whether or not it would be worth my time, and all praised The School of Greatness: A Real-World Guide to Living Bigger, Loving Deeper, and Leaving a Legacy:

3 of 3 people found the following review helpful. This book is a great read with a clear call to action and example ...By StephanieThis book is a great read with a clear call to action and example activities to get you going. There are excellent examples throughout the book, stories of others' journeys to greatness - ones that I've never heard about, so it is refreshing to not hear the same person's journey over and over again (i.e. Steve Jobs, etc.). There are several parts of the book that is about Lewis' experience and he talks about himself in reference to a lot of matters - if that bothers you, don't let it distract you, it's just his writing style. Focus on the message he is trying to get through, because there is one.

98 of 106 people found the following review helpful. What is Greatness?By John DonahueGreatness is a term that means something different to everyone. It's often hard to define, but when we see it we know it. Not every successful person is great, but nearly every great person is successful. Their success however, is defined by them, not us. Perhaps that's one of their secrets.

I recently had the opportunity to read an advanced copy of Lewis Howes' upcoming book "The School of Greatness" in which Lewis seeks to learn what makes people great. People like Olympic gold medalist Shawn Johnson, Deckers shoes CEO Angel Martinez, and Kyle Maynard, a young man who played football in middle school, won 36 wrestling matches in high school, and climbed Mount Kilimanjaro in his 20's, despite being a congenital amputee; meaning he was born without fully developed arms and legs. The book dives into eight principles Lewis identified while talking to these people. These principles are also chapters in his book.

- 1 Create a vision
- 2 Turn adversity into advantage
- 3 Cultivate a championship mindset
- 4 Develop hustle
- 5 Master your body
- 6 Practice positive habits
- 7 Building a winning team
- 8 Be of service to others

Lewis isn't just interviewing great people, he's in his own pursuit of greatness, so he's learning from them and sharing the lessons with us. In each chapter Lewis tells their stories, and then relates it to his own life. Sometimes he tells you how he's already applied these principles, other times he tells you he's still working on it. Finally, he shares specific exercises you can do today to apply the lessons he's learned.

I wasn't sure what to expect from this book. New age "feel good" books aren't really my thing, but that's not what this is. This book is full of inspiring stories and practical exercises that have honestly motivated me to push it up a notch. Lewis' story, woven throughout this excellent read, shows that we can all be great too.

Do I recommend this book? Let's just say I plan to buy copies for my two sons. Then I'm going to read it again myself.

0 of 0 people found the following review helpful. I believe that this book is amazing. It help me though my tough time

By Johnny NguyenI believe that this book is amazing. It help me though my tough time. Lewis has inspire to do my best. He is always been helpful. And I grateful for that. This book give you tools to live your dreams. And I want you all to get it. Lewis is truly amazing. I read the whole things. I would say this is a must read. I keep it on my bookshelves. I learn that in order to achieve your dreams your body is important. Without it. You can achieve big things. Lewis howes is really nice. He help me with advice that I need answer. I am grateful for him. I try to give back to him best I can. I which I know how. But all I can say is. I will try my best to support him on his youtube interview. And lewis ,if every read this. I would like you to write another book. I can't thank you enough. I am going after my dream because of you. You deserve it. :) I admire him. Somehow, I want to give back so much. Enjoy the book everyone.

When a career-ending injury left elite athlete and professional football player Lewis Howes out of work and living on his sister's couch, he decided he needed to make a change for the better. He started by reaching out to people he admired, searching for mentors, and applying his past coaches' advice from sports to life off the field. Lewis did more than bounce back: He built a multimillion-dollar online business and is now a sought-after business coach, speaker, and podcast host. In the New York Times bestseller *The School of Greatness*, Howes shares the essential tips and habits he gathered in interviewing "the greats" on his wildly popular podcast of the same name. In discussion with people like Olympic gold medalist Shawn Johnson and Pencils of Promise CEO Adam Braun, Howes figured out that greatness is unearthed and cultivated from within. The masters of greatness are not successful because they got lucky or are innately more talented, but because they applied specific habits and tools to embrace and overcome adversity in their lives. A framework for personal development, *The School of Greatness* gives you the tools, knowledge, and actionable resources you need to reach your potential. Howes anchors each chapter with a specific lesson he culled from his greatness "professors" and his own experiences to teach you how to create a vision, develop hustle, and use dedication, mindfulness, joy, and love to reach goals. His lessons and practical exercises prove that anyone is capable of achieving success and that we can all strive for greatness in our everyday lives.

Whether you're a listener of his podcast or this is your first time learning of Lewis, you will be an instant fan. Lewis' approach to achieving greatness will leave you inspired and ready to take action in all areas of your life!

Jack Canfield, cocreator, *Chicken Soup for the Soul*; and *The Success Principles: How to Get From Where You Are to Where You Want to Be*

For everyone who wants to live a great life—one filled with energy, meaning, and purpose—Lewis Howes provides *The School of Greatness*. It's a terrific resource with accessible, practical suggestions for transforming our lives.

Gretchen Rubin, #1 New York Times bestselling author of *Better Than Before* and #1 New York Times bestseller *The Happiness Project*

The road to mastery requires studying under a

master. This book follows the author as he apprentices under more than a dozen great men and women, each a master in their own way." Robert Greene, New York Times bestselling author of *Mastery* and *The 48 Laws of Power*; Lewis Howes is ridiculously inspirational. In my ideal world, he'd call me every morning and give me a 10-minute personal pep talk. This book is the next best thing. It'll make you want to hustle, create a vision and all that other good stuff." AJ Jacobs, New York Times bestselling author of *The Year of Living Biblically*, and editor at large at *Esquire*; I met Lewis when he was just starting out broke on his sister's couch and he hustled his way to creating an amazing life. This book will show you how to do the same for yourself!"; Gary Vaynerchuk, New York Times bestselling author of *Jab, Jab, Jab, Right Hook*; I never believed that "school" was my strong suit, but the life lessons that Lewis teaches throughout his book make it so easy to understand and apply to your everyday life. You finish this book feeling impacted, grateful, and inspired to learn more!"; Julianne Hough, Actress, Singer, Dancer from *Dancing with the Stars*; Most of life is not about our circumstances. It's about how we perceive and react to them. Lewis Howes' book, *The School of Greatness*, gives us all new ways of approaching old problems and making every action count for what matters most in life." Michael Hyatt, New York Times bestselling author of *Platform: Get Noticed in a Noisy World*; If you are looking to take your business, life, health or relationships to the next level then *The School of Greatness* has the inspiration, tools and resources to help you get there." Derek Halpern, *SocialTriggers.com*; With so many distractions in today's world, Lewis asks thought-provoking questions about like and legacy that will help you bring clarity and focus to your life, but most importantly challenge and move you to action." Scott Harrison, Founder and CEO, *Charity Water*; Entertaining and practical, *The School of Greatness* will leave you excited to embrace challenges in a whole new way." Adam Grant, Wharton professor and New York Times bestselling author of *Give and Take* About the Author Lewis Howes is an online marketing expert, sought-after business coach, podcast and webinar host, speaker, and angel investor. He is the host of "The School of Greatness" podcast. He was recognized in a 2013 White House ceremony by President Obama as one of the top 100 entrepreneurs in the country under age 30. He lives in West Hollywood, CA.