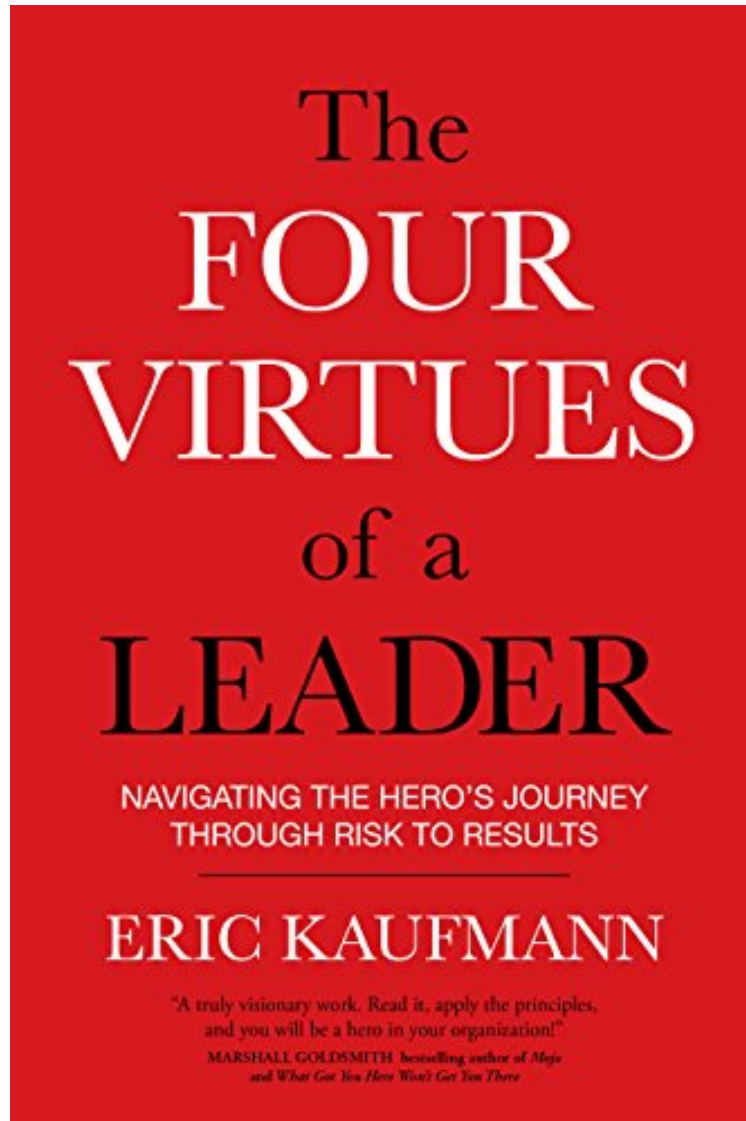


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# The Four Virtues of a Leader: Navigating the Hero's Journey Through Risk to Results

*Eric Kaufmann*

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**Eric Kaufmann : The Four Virtues of a Leader: Navigating the Hero's Journey Through Risk to Results** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Four Virtues of a Leader: Navigating the Hero's Journey Through Risk to Results:

0 of 0 people found the following review helpful. Discover Your Own Virtues in this Wise and Wonderful BookBy Jenni PriskEric Kaufmann is an intellectual with a deep knowledge of people, especially those who lead. He is a masterful leader himself and his book provides guidance for all who lead now, and will lead in the future. Every

chapter turns the mirror to face the reader who can then investigate their own values and guideposts. Kaufmann shares stories of his journey, and the places where he fell down, which humanizes the book. I would have liked more hands-on exercises to undertake regularly, but there is sufficient to feast on to feed the curious, growing soul. Kaufmann's virtues explained in his book are different from those you might expect, which adds to the refreshing, invigorating treatise on leadership. 0 of 0 people found the following review helpful. A Great Resource for Teachers and Parents! By William Hale After decades of working with kids I'm excited by the massive power and potential in the practical principles of the Four Virtues. Eric Kaufmann has made the truths to exceptional leadership so universal and simple that even children will understand how to apply it in real life. I can easily see this turning into a wonderful series, The Four Virtues for Teachers, The Four Virtues for Parents, The Four Virtues for Everyone! But there is no reason to wait, The Four Virtues of a Leader has everything needed to experience fantastic growth in every area of life. 0 of 0 people found the following review helpful. ...professional development read to your list this year, make it The Four Virtues of a Leader By Christian L Gray Eric Kaufmann is one of the deep thinkers on leadership and organization development. If you are going to add one personal or professional development read to your list this year, make it The Four Virtues of a Leader. There is plenty to process here; insights for the individual leader and fodder for team discussions and transformative leadership strategies.

Awaken the Courageous Leader Inside You nbsp; True leaders inspire us with their confidence, dedication, and track record of achievement—but does their success arise from innate gifts, or qualities that we all can develop? "Each of us, no matter what our title or job, can become an effective leader by cultivating the same essential attributes found in the classic hero's journey," says Eric Kaufmann. With *The Four Virtues of a Leader*, this top executive coach presents a must-read guide to help you awaken and amplify the fundamental competencies that every successful leader embodies. nbsp; Through his interaction and study of some of today's top executives and innovators, Kaufmann has identified the four cornerstones of good leadership: Focus that combines self-awareness with vision; Courage to move toward what you'd rather avoid; Grit for persevering through fatigue and discouragement toward your long-term goals; and the Faith to overcome doubt and stay fully committed to your work. Here he shares powerful insights and field-tested guidance to help you develop these qualities, including: nbsp; • Four key questions to keep you on track: What am I creating? What am I avoiding? What am I sustaining? What am I yielding? • How to recognize fear as the gatekeeper to your true power • Employing effective communication and genuine empathy to improve your relationship with your team • Using mindfulness and meditation to instill leadership qualities at the neurological level • Training yourself to consistently make better decisions that always serve your ultimate goals nbsp; "The hero's journey challenges you to leave your comfort zone and become a different person—and a better leader," writes Eric Kaufmann. With *The Four Virtues of a Leader*, he invites you to embark upon a time-honored path of personal evolution to become the inspirational leader you were meant to be. nbsp;

"His [Eric Kaufmann's] guide to leadership philosophy and psychology is intended for those who seek self-improvement and leadership acumen. Evolving into a great leader takes both thought and action, and Kaufmann addresses this formidable task with the titular four virtues: focus (what are you working on?), courage (what are you afraid of?), grit (what are you sustaining?), and faith (what are you yielding?). The method requires substantial self-examination and self-discipline, relying largely on the power of thought. His interest in Zen shows in his strong emphasis on mindfulness. Earnest, encouraging, and thoughtful, this meditation on the soul of a leader will help readers looking for a path to self-understanding along their journey to greatness."—Publishers Weekly