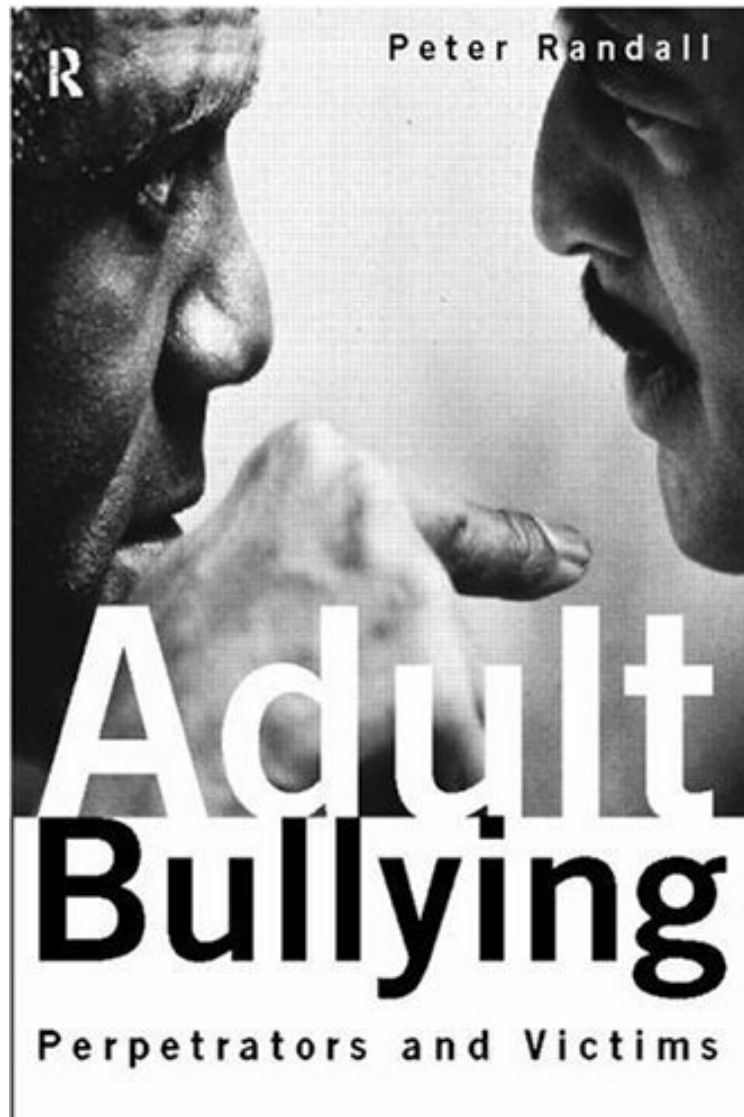


[FREE] Adult Bullying: Perpetrators and Victims

## Adult Bullying: Perpetrators and Victims

*Peter Randall*

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**Peter Randall : Adult Bullying: Perpetrators and Victims** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Adult Bullying: Perpetrators and Victims:

0 of 0 people found the following review helpful. Quick read, good read. Mostly covers what I already know  
By THQuick read, good read. Mostly covers what I already know, and also that which is common knowledge. Some good points regarding the fact that adult bullying indeed exists, and is even much more prevalent than we realize or admit. Most people, even law enforcement, judicial, medical, and social/psychological helping professionals trivialize and dismiss the mere mention of it, while condescendingly and quite wrongly relegating bullying to a childhood phenomena. Some of this book reads like an organization's human resource department policy fine print, of which the

majority of employees are unaware, and managers prefer not to acknowledge. A well organized, well written primer. 1 of 1 people found the following review helpful. Review of Adult Bullying By Dr GA du Plessis This work provides a comprehensive account of the topic. While stylistically it is particularly academic and densely written, the work makes a valuable contribution that is particularly informative. 17 of 17 people found the following review helpful. Adult Bullying - Perpetrators and Victims By D. Corning Peter Randall's book, Adult Bullying - Perpetrators and Victims, is a "must read" for everyone. As a person who has been the victim of bullies, both in the work place and personally, I found the book very beneficial in understanding why some people become victims and other bullies. The case histories were interesting, as were the proposed interventions. As good as the book was, there were a few problems. Randall makes the point of the bully's responsibility and that the victim needs to understand how he or she is contributing to the situation. However, I think he could have done more with discussing the responsibility of others, both those who join in with the bully and those who simply try to ignore what is going on. For example, he points out that others may feel that the victim deserves the bullying because the victim is not strong enough to stop the bully. However, from personal experience, I know that for some people it is more that they do not want the bully going after them. Also, while many of the case studies and descriptions of interventions are transferable to America, there are clearly some cultural differences that were a little distracting. A little explanation in those instances would have been helpful. Overall, this is definitely a "must-read" book, whether you have been a victim, a bully, or a by-stander.

The frequency and severity of personal harrassment is a problem that is only just beginning to be uncovered. In Adult Bullying, psychologist Peter Randall uses the voices of both bullies and victims to reveal the misery that many adults endure. He describes the processes that turn child bullies into adult bullies, often aware of their behaviour but unable to stop it. The workplace and the neighbourhood replace the playground, but the tactics and patterns of reward remain the same. The adult victim has little or no more power than the child counterpart, often changing jobs to escape the attentions of the bully. Similarly, managers like teachers, often fail to tackle the complaints of the victim with the seriousness the problem deserves, preferring to believe that the fuss is unwarranted. Adult Bullying will be welcomed by managers, counsellors, social workers and anyone who has experienced personal harrassment. Effective ways to deal with bullying in the community and the workplace are discussed, with particular attention given to the implications for managers and employees.