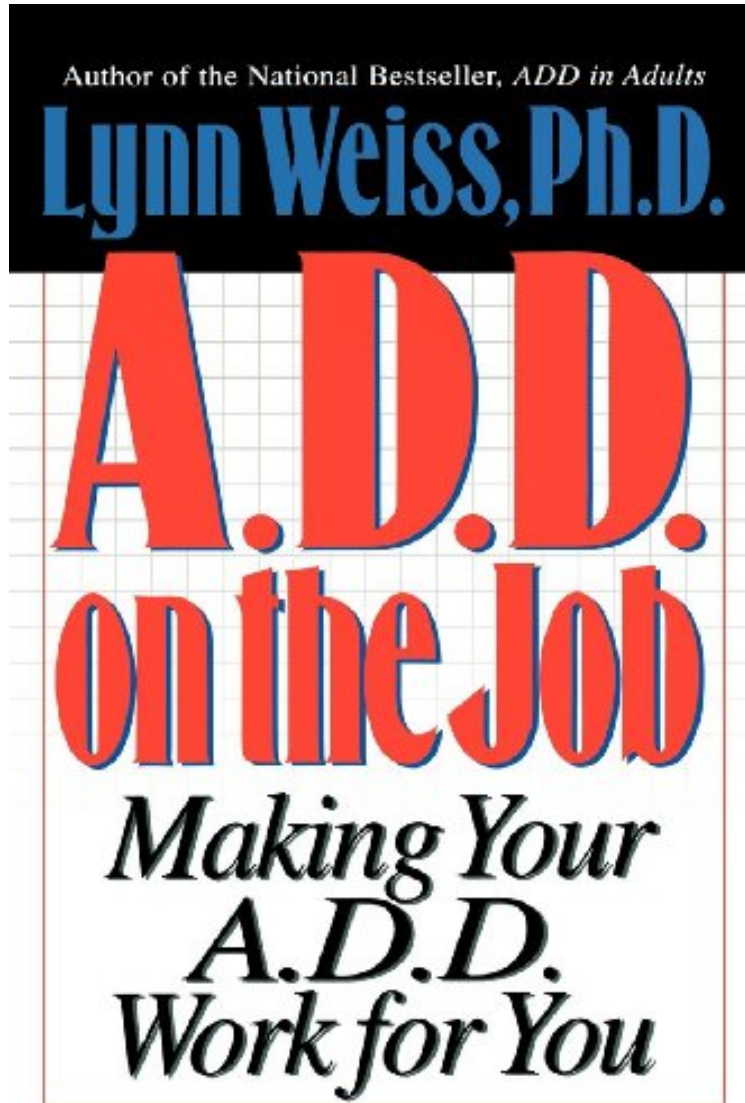


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A.D.D. on the Job: Making Your A.D.D. Work for You

Lynn Weiss PhD

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0 of 0 people found the following review helpful. Someone else thinks the way I do!By Relyt ShergAfter being misunderstood and misunderstanding myself and my actions most of my life, I have finally found a book that proves I am not the only one who thinks like this! Going into the workforce armed with this book has helped me manage my time, emotions, and self-confidence in a way that allows me to perform my job in a way that benefits everyone.0 of 0 people found the following review helpful. Five StarsBy 4kings4funThis book is helpful for so many reasons! It gives so many answers for so many lifelong unanswered questions.0 of 0 people found the following review helpful. Five

StarsBy LibbyHelped me with a employee who told me he was diagnosed with ADD.

Here is practical, sensitive advice for the employee, boss, coworkers, and friends. A.D.D. on the Job suggests advantages that the A.D.D. worker possesses, how to find the right job, and how to keep it. Employers and coworkers will learn what to expect from a fellow worker with A.D.D. and the most effective ways to work with them.

From BooklistAttention deficit disorder (ADD) is described by the author as a distinctive "flavor" or style of brain organization that favors creativity and simultaneous multilevel processing over linear, detailed-oriented thought. It is a genetic trait, something you are rather than something you "have" in the sense of a disease. Being ADD herself, the author shows ADD people how to identify their type of ADD and what difficulties each type has in the workplace and then suggests ways to solve their problems. This is a valuable book for anyone with ADD or related to an ADD person. In light of the fact that ADD does not necessarily go away in adolescence and that many adults are challenged by ADD, this book is a positive and instructive review of important issues. For corporations' training programs, the author suggests that ADD be considered in the same way as drug and alcohol abuse; managers should be trained to spot ADD-type behavior and manage those employees for positive results for both the individual and the company. This is an uplifting and thoughtful perspective on a common problem, and the book will find a wide audience. Mary Whaley This is a valuable book for anyone with A.D.D. or related to an A.D.D. person. This is an uplifting and thoughtful perspective on a common problem, and the book will find a wide audience (Booklist)About the AuthorWeiss is a pioneer in the field of ADD